



# The Stoneridge School Newsletter

3<sup>rd</sup> March 2023 Volume 1 Issue 2

Dear Parents and Guardians,

I hope your children are enjoying The Stoneridge School and establishing their routines during pre and post-school hours. Children obtaining ample sleep time is critical to their brain and physical development. Studies have shown that kids who regularly get an adequate amount of sleep have improved attention, behavior, learning, memory, and overall mental and physical health. Children aged 3-5 years should aim to get 10-13 hours, including naps. Children aged 6-13 years should aim to get between 9-12 hours daily. Of course, all children vary in how much sleep they need and how long it takes them to fall asleep- please encourage routines at your house to allow for the recommended sleep times.

The school day is from 8 AM to 3 PM. Between 3-3:30 PM primary students transition to their clubs- which run between 3:30- 4:15 PM.

If you drop your child at school after 8 AM, please leave them at the classroom door- when parents come into class in the middle of the lesson, it can be disruptive to other students. Also please see Ms. Susan at reception if you come in late so she can amend the attendance.

Important Dates:

- Tuesday, 7<sup>th</sup> March - whole school photo- please come in uniforms.
- Wednesday, 8<sup>th</sup> March- Women's Day- NO SCHOOL

Have a great week ahead.

Ms. Lexie

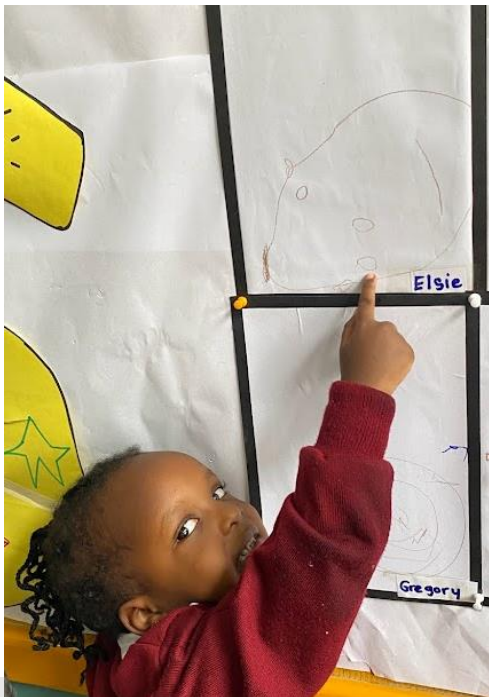
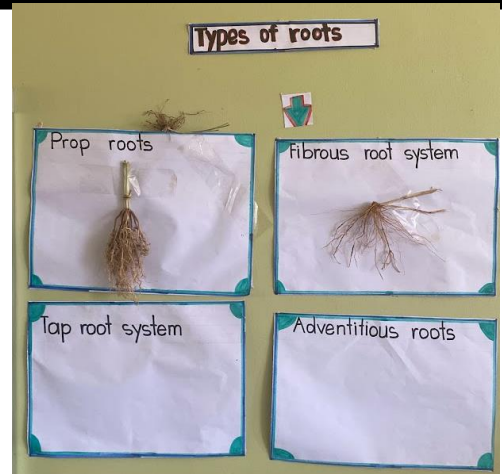
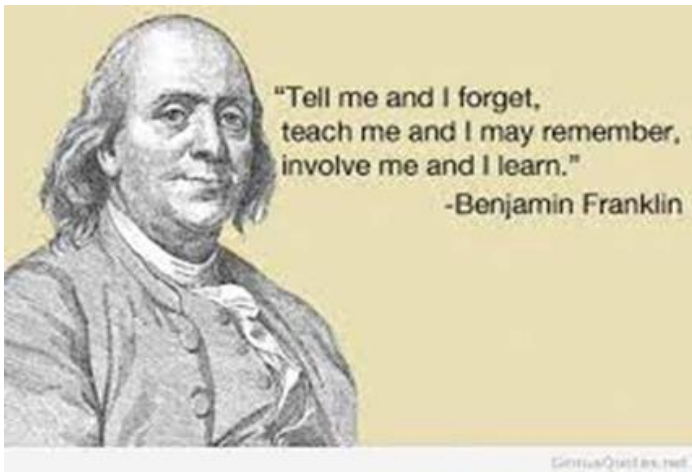
- Please ensure students come with raincoats as we have entered the rainy season.
- Please label all sweaters and socks.
- Please send Pre-Primary, P.1, and P. 2 students with LARGE old t-shirts that can be used for painting /messy activities.
- Pre-Primary students should send a spare set of clothes to remain in class for emergencies.



# The Stoneridge School Newsletter Continued...

## Involving Children in Learning

At The Stoneridge School, we try to follow the wise words of Benjamin Franklin and involve our pupils in their learning. This means that we try to make learning relevant to the children and give them examples that are relevant to their lives. For example, learning about capital letters (P2) could be using the children's specific names as examples. Or when learning about different -root types (P4) could be done by asking children to bring in items from their garden and examining them in class.



## Self Portrait

In baby class, we are beginning to use representation to communicate, for example, drawing a line and saying, 'That's me'. The children looked into the mirror and the teacher asked them to name the parts of their faces. They were then encouraged to draw their faces using Crayons.

*Baby Class Student- Pointing to her self-portrait.*

## Clubs at Stoneridge

Besides enhancing children's skills and talents, clubs are also an excellent way for students to interact with other teachers at the school and outside specialists. If your child is signed up for any musical instrument clubs (guitar/violin/band) and has an instrument at home, please encourage them to bring it to school on that club day. We can keep the instrument safely in the office until club time. The same applies to children in Chess Club- please allow children to move with their chessboards.

